ALSTON-WITH-GARRIGILL

RURAL DISTRICT COUNCIL

A N N U A L R E P O R T

O F T H E

M E D I C A L O F F I C E R O F H E A L T H

F O R 1970

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TO THE

CHAIRMAN AND MEMBERS OF THE

ALSTON-WITH-GARRIGILL
RURAL DISTRICT COUNCIL

Mr. Chairman, Ladies and Gentlemen,

I have the honour to submit my report as Medical Officer of Health for the year 1970.

Yours faithfully,

JOHN R. HASSAN

Medical Officer of Health.

REPORT OF THE MEDICAL OFFICER OF HEALTH FOR ALSTON-WITH-GARRIGILL RURAL DISTRICT COUNCIL FOR THE YEAR 1970

SECTION A

VITAL STATISTICS

Statistics and Social Conditions of the Area

Area .. .. 36,971 acres

Population 2,080

Number of inhabited houses according to the Rate Book.

Alston Ward	517
Nenthead Ward	184
Garrigill Ward	152
Total	853

Rateable Value (Ist April 1970) £49,547

Penny Rate Product £192

COMMENT

The figures for the year show further expansion. There has been a small population increase for the second year. There were seven more births than in 1969 and the number of deaths about the average. Of the 30 deaths, 22 were 65 and over and the conditions responsible were three cases of cancer, thirteen cases of cardio muscular disease, coronary thrombosis and strokes, and seven deaths occurred from respiratory disease, the initial condition being influenza.

Vaccination against measles is now readily accepted and the figures are very satisfactory as indeed are the number who accept vaccination where a vaccine is available.

The Mass Radiography Unit is now sited at The Chest Clinic, City General Hospital, Carlisle, and is open five days a week.

I am grateful to the Public Health Inspector for his contribution to the report.

Once more I should like to thank the Chairman and Committee Members for their continuing support and interest.

LIVE BIRTHS	1970 M	F
Legitimate	I4	9
Illegitimate	-	I
	34	

STILL BIRTHS	M	F
Legitimate	-	-
Illegitimate	-	-
	-	

	M	F
Death of infants under I week of age	-	-
" " " " 4 weeks " "	-	--
" " " " I year " "	-	2
	2	

ANNUAL BIRTH RATE per I,000 estimated population

For this area	I6.3
For Cumberland	I4.6
For Rural District of Cumberland	I4.I
For England and Wales	I6.0

Deaths	M	F
	I6	I4
	30	

ANNUAL DEATH RATE per I,000 estimated population

For this area	I4.4
For Cumberland	I2.2
For Rural District of Cumberland	I2.I
For England and Wales	II.7
Deaths from Puerperal Causes	NIL

S E C T I O N B

(I) PUBLIC HEALTH OFFICERS OF THE AUTHORITY

Medical Officer of Health (Part-time)
John R. Hassan, M.B., Ch,B., D.R.C.O.G.,
Cottage Hospital,
ALSTON.

Public Health Inspector
R. W. Thomas, M.A.P.H.I.,
Town Hall,
ALSTON.

(2)a. AMBULANCE
I am glad to report that the ambulance and sitting car services give every satisfaction in comfort, warmth and speed.

b. CLINCS AND TREATMENT CENTRES
Consultant services are available at Carlisle and Newcastle Physiotherapy is available on two mornings each week at the Cottage Hospital. Maternity and child welfare clinics are held weekly at the Cottage Hospital provided of course, by the Cumberland County Council. The school dental clinic is held one day a fortnight at the Cottage Hospital.
It is regretted that there is now no General Dental Practitioner Service, nor is there any immediate prospect of acquiring one. I estimate that there is about two days work a week for anyone interested.

S E C T I O N C

WATER SUPPLIES
Following instructions in Ministry of Health Circular I/70

a) The quality of water supplied through the water mains continues to be satisfactory, both chemically and bacteriologically, and there was no shortage during the year. The Nenthead supply, which in the past was prone to periods of shortage, was improved by the introduction of an additional supply from Hayring, Nenthead.

b) Tow Type A.H.W.M. reagent feeders are installed at Springfield, Alston.

c)	No. of dwelling houses supplied	(I) direct to houses	746
		(2) by standpipes	4
	No. of population supplied	(I) direct to houses	2000
		(2) by standpipes	4

d) Fluoride content is Nil.

SEWERS AND SEWERAGE DISPOSAL
Following an Engineering Enquiry, the Ministry at the end of the year indicated that subject to a few modifications, the cheme outlined in last year's report would receive approval. It is hoped that the work will be commenced in I972.

REGISTER COMMON LODGING HOUSES
There are none in the area.

PUBLIC CLEANSING
As indicated in last year's report, the paper sack collection scheme has been extended to include all Council Houses.

SANITARY POSITION OF THE AREA

Number of Inspections	543
Nuisances report	3
Nuisances abated by informal notice	2
Informal notices	3
Statutory notices	I
Number of houses inspected	385
Number of houses disinfected	-
New houses erected (Local Authority)	I6
New houses erected (Privately)	I
Plans submitted	I8
Plans approved	I5
Plans - no decision	3
Plans - permitted development - approved	9
submitted	9
Number of sewer connections	I7
Number of water connections	I7
Houses demolished	-
Houses closed	-

FACTORIES

(i) Inspection for purposes fo provisions as to health (including inspections made by the Sanitary Inspector).

Premises	No. on register	No. of inspections	No. of written notices	No. of occupied properties
(i) Factories in which Sec, I,2, 3,4, & 6, are to be enforeed by Local Authority.	4	4	-	-
(ii) Factories not included in (i) in which Sec.7 is enforced by the Local Authority.	I3	26	-	-
(iii) Other premises in which Sec.7 is enforced by the Local Authority (excluding outworkers Premises).	-	-	-	-
	I7	30	-	-

(ii) Cases in which defects were found .. .. Nil

OFFICES SHOPS AND RAILWAY PREMISES ACT. I963

The number on the Register remained at 30 and all premises were visited at least once during the year.

No notification of accident was received.

SECTION D

HOUSING

a) Local Authority

The following dewllings were completed in I970:

Two bedroom flats 5
Three bedroom houses II

Total No. of dwellings completed .. I6

The completion of the Jollybeard estate eased the housing problem for a short time, but the waiting list started to grow again, and the Housing Committee investigated the possibility of various sites and finally decided to investigate land which had previously been allocated for a Road By-pass scheme, but which now the Highway authority no longer required. The land is in the ownership of the Council.
In addition the Committee were anxious to find suitable infill sites in the township of Alston which would be suitable for small flats for accommodating Older persons or single persons.

b) Private Sector
Only one bungalow was completed during the year and two others were in course of erection.
It is thought that there would be more houses built in the private sector if suitable building land was available.

POST WAR HOUSING

Council houses completed at the end of I970..	I99
Privately owned houses	36
Estimated No. of houses unfit for human habitation which cannot be made fit at reasonable cost..	25
Number of houses overcrowded	5
Total number of applicants for Council houses	70

IMPROVEMENT GRANTS

Number of privately owned houses for which Improvement Grants were sought	I0
Number of applicants for grants approved	9
Number of Improvement grants completed	9
Improvement grant total (Including £I00 interim payment)	£282I-I-3d

STANDARD GRANTS

Number of Standard Grant applications	I
Number of Standard Grant work completed	I
Standard Grant total	£I26-0-0d

SECTION E

MILK
Number of retailers 7

Again attention is drawn to the condition of milk bottles. The public are largely to blame as often there are long delays before the empty bottles are returned to the dairyman. Also care on all sides should be taken to prevent the chipping of the necks of bottles and chipped bottles should NOT be used.

CATERING ESTABLISHMENTS
Again the various establishments have been satisfactory. They are as follows:

	Licenced Hotels	Temperance Hotels	Snack Bar	Fish and Chip Shops	TOTAL
+Alston	9	-	2	I	I2
Nenthead	3	-	-	-	3
Garrigill	I	-	-	-	I

+ Three Hotels have table licence only

The total number of licenced premises are as under:

Alston	9
Nenthead	3
Garrigill	I
	I3

Premises registered under the Food and Drugs Act, I955

Making Sausage and pressed meats	2
Premises registered for the sale of ice cream only ..	IO

RECORD OF FOOD VOLUNTARILY SURRENDERED DURING I970

	lbs.	ozs.		lbs	ozs.
Corned Beef		7	Spam		7
Soups	I4	9	Baked Beans	I7	II
Oranges	2	I	Peaches	2	I5½
Pears	34	0	Strawberries	I	3
Pineapple	3	I3¼	Grapefruit	I8	0
Tomatoes	I9	7	Peas	I2	I2
Apricot Conserve	6	7½	Sponge Pudding		IO½
Carrots	2	6	Orange Juice	I	3½
Cheese	23	I3¾	Evaporated Milk	2I	I2
Pie Filling	9	0	Shandy		II½
Pickled Onions		I5	Beetroot	I Jar	

SECTION F

INFECTIOUS AND OTHER DISEASES

Number on T.B. register	2
Measles	Nil

Poliomyelitis vaccination

Primary	33
Completed	I9
Booster	80
Smallpox vaccination	25

Triple Antigen

Primary	33
Completed	32
Measles vaccination	53

CAUSE OF DEATH	Sex	Total all ages	Under 4 wks	4 weeks & under I yr.	AGE IN YEARS I-	5-	I5-	25-	35-	45-	55-	65-	75+
BI9(6)Malignant Neoplasm, Lung, Bronchus	M	I	-	-	-	-	-	-	-	-	-	-	I
	F	-	-	-	-	-	-	-	-	-	-	-	-
BI9(II)Other Malignant Neoplasms	M	-	-	-	-	-	-	-	-	-	-	-	-
	F	2	-	-	-	-	-	-	-	I	-	-	I
B2I Diabetes Mellitus	M	--	-	-	-	-	-	-	-	-	-	-	-
	F	I	-	-	-	-	-	-	-	-	-	-	I
B26 Chronic Rheumatic Heart Disease	M	I	-	-	-	-	-	-	-	-	-	I	-
	F	-	-	-	-	-	-	-	-	-	-	-	-
B28 Ischaemic Heart Disease	M	5	-	-	-	-	-	-	-	-	-	3	2
	F	3	-	-	-	-	-	-	-	-	I	2	-
B30 Cerebrovascular Disease	M	2	-	-	-	-	-	-	-	-	-	I	I
	F	I	-	-	-	-	-	-	-	-	-	I	-
B46(6)Other Diseases of Circulatory System	M	I	-	-	-	-	-	-	-	-	-	-	I
	F	-	-	-	-	-	-	-	-	-	-	-	-
B32 Pneumonia	M	-	-	-	-	-	-	-	-	-	-	-	-
	F	2	-	2	-	-	-	-	-	-	-	-	-
B33(I) Bronchitis and Emphysema	M	I	-	-	-	-	-	-	-	-	I	-	-
	F	I	-	-	-	-	-	-	-	-	I	-	-
B33(2) Asthma	M	-	-	-	-	-	-	-	-	-	-	-	-
	F	I	-	-	-	-	-	-	-	-	I	-	-
B46(7)Other Diseases of Respiratory System	M	I	-	-	-	-	-	-	-	-	-	-	I
	F	I	-	-	-	-	-	-	-	-	-	I	-
B35 Appendicitis	M	I	-	-	-	-	-	-	-	-	-	I	-
	F	-	-	-	-	-	-	-	-	-	-	-	-
B36 Intestinal Obstruction and Hernia	M	-	-	-	-	-	-	-	-	-	-	-	-
	F	I	-	-	-	-	-	-	-	-	-	-	I
B39 Hyperplasia of Prostate	M	I	-	-	-	-	-	-	-	-	-	-	I
B45 Symptoms and Ill Defined Conditions	M	-	-	-	-	-	-	-	-	-	-	-	-
	F	I	-	-	-	-	-	-	-	-	-	-	I
BE47 Motor Vehicle Accidents	M	I	-	-	-	-	I	-	-	-	-	-	-
	F	-	-	-	-	-	-	-	-	-	-	-	-

BE48 All Other Accidents	M	I	-	-	-	-	-	-	--	-	-	-	I
	F	-	-	-	-	-	-	-	-	-	-	-	-
TOTAL ALL CAUSES	M	I6	-	-	-	-	I	-	-	-	I	6	8
	F	I4	-	2	-	-	-	-	-	I	3	4	4